

**Ash Wednesday, February 14
to Holy Thursday, March 28 with
the Mass of the Lord's Supper**

LENT

Fasting & Abstinence

1. *Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday, Good Friday, and all Fridays of Lent.*
2. *Everyone 18 years of age and under 59 years of age is also bound to fast on Ash Wednesday and Good Friday.*
3. *On these two days of fast and abstinence, only one full meatless meal is allowed. The other meatless meals, sufficient to maintain strength, may be taken according to one's needs, but altogether they should not equal another full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices are allowed.*
4. *When health or ability to work is seriously affected, the obligation of the law is modified. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. Because Lent is a special season for all Christians, we should not lightly excuse ourselves from these penitential practices.*

Ash Wednesday (February 14) Mass and Distribution of Ashes

8:00 am at St. Joseph-Olney & St. Lawrence-Lawrenceville

6:30 pm at Holy Cross-Wendelin & St. Joseph-Stringtown

Stations of the Cross- Friday evening 6:30pm

February

16: St. Joseph-Stringtown & St. Lawrence-Lawrenceville

23: Holy Cross-Wendelin & St. Lawrence-Lawrenceville

March

1: St. Joseph-Olney & St. Lawrence-Lawrenceville

8: St. Joseph-Stringtown & St. Lawrence-Lawrenceville

15: Holy Cross-Wendelin & St. Lawrence-Lawrenceville

22: St. Joseph-Olney & St. Lawrence-Lawrenceville

Penance Service

Parish Penance Service, Sunday, March 17, at 2:00 pm St. Joseph-Olney

Adult Formation

Bible Study, Wednesday, February 21 -March 27, 9:15 am and 7:00 pm in Room B St. Joseph-Olney

Friday Night Fish Fry's-Olney Knights of Columbus

Olney City Park Community Building 5:00 pm-7:00 pm

February 16-23 March 1 -8-15-22

Holy Week is the most significant week in Catholicism. Spanning from Palm Sunday to Holy Saturday, it marks the final stretch before Easter Sunday, the celebration of Jesus' Resurrection. During this sacred week Catholics pray and reflect on the profound journey of Jesus' suffering, sacrifice, and victory over death.



Holy Week

Palm Sunday

Saturday

4:00 pm Holy Cross-Wendelin

5:00 pm St. Joseph-Olney

Sunday

8:00 am St. Joseph-Olney

8:00 am St. Joseph-Stringtown

10:00 am Holy Cross-Wendelin

10:00 am St. Lawrence-Lawrenceville

Holy Thursday

Mass of the Lord's Supper, Thursday, March 28, Holy Cross-Wendelin 7:00 pm

Good Friday

Stations of the Cross, Friday, March 29, Holy Cross-Wendelin 3:00 pm

Good Friday of the Lord's Passion, Friday, March 29, St. Joseph-Stringtown 7:00 pm

Holy Saturday

Easter Vigil Mass, Saturday, March 30, St. Joseph-Olney 7:30 pm

Easter Sunday

8:00 am St. Joseph-Olney

8:00 am St. Joseph-Stringtown

10:00 am Holy Cross-Wendelin

10:00 am St. Lawrence-Lawrenceville